

Issue 7 – 7th June 2023

1-2 Goodwin

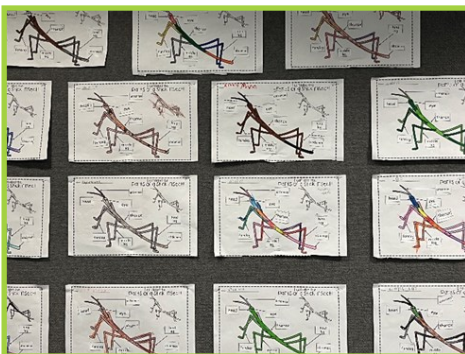
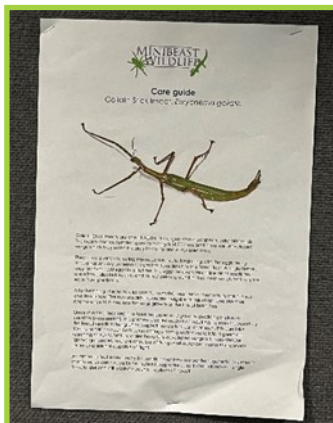
We were very excited in 1/2 Goodwin recently when we got some new class pets. We now have two leaf insects, one stick insect and 80 eggs!!

We now know that these insects have exoskeletons which means that their skeleton is on the outside of their bodies and sheds every few months as they grow.

We know that they love to eat fresh gum leaves and Lilli Pillies. We also know that they are great hiders and we spend a lot of time looking for them in the tank.

Their names are King, Dolly, MJ (aka Michael Jackson) and Sneaky. Sneaky is our first baby that has hatched from our eggs.

If you are walking past our room of a morning, feel free to pop in and have a visit.





Dear Families,

We've had a fantastic last two weeks with excitement all around the school with various activities including:



National Simultaneous Story Time

We joined every student across the nation to participate in reading the book "The Speedy Sloth" with Shannon Heald in the Assembly Hall.

3-6 CHSSSA Cross Country

Well done to our students who participated in Stanley at the combined Cluster Cross Country. Every student represented our school amazingly and the following students will compete in the NWPSSA Carnival in Ulverstone today: Coden, Lachlan, Hunter, Lila-Rae, Jandre, Jett S, Jhett H, Cash and Tahli.

Aussie of the Month

Well done to Lila-Rae who won the Aussie of the Month award for May. She won this award due to her high levels of care and empathy for others, always making other people feel welcome and special.

The Dairy Industry

Our school has had an explosion of Dairy based learning with Smoothie the cow coming in as we paint her over the coming weeks as a part of Picasso's cow. We have had multiple excursions, a Saputo cooking challenge and a large amount of engagement with our largest local industry. Next term we will be rearing more calves too which will be a highlight no doubt. A huge thank you to Miss Nichols who has led this.



Year 6 Transition

Thanks to Mrs Watts and two ex-Smithton Primary Students, who came "across the duck" to our school to speak with our Year 6s about high school.

Brixhibition

A large number of students entered creations in the Brixhibition with the following students winning their year level divisions: 1/2 - Riley, 3/4 - Ace and 5/6 - Jhett.

School Choir

Shannon, Mrs Gausden and Tiahna Gausden have been inspiring a group of 20 students every Wednesday at lunchtime to learn how to sing as a part of a choir. For those of you that are not familiar with our school history, we used to be quite well known for our choir, in which Shannon was a part of as a child. It is great to see this happening once again in our school.



Farewell Mrs McMaster

I would like to now farewell Christine McMaster who has been at Smithton Primary for 33 years in the capacity of a Teacher's Assistant in the Early Years and has officially retired recently. We thank Christine for her hard work over a long period of time to bring about positive outcomes for so many students over those 33 years. Christine was amazing at what she did and says that she has very fond memories of the school, particularly the years surrounding her own two sons coming to Smithton Primary. We wish Christine all the best for the next stage of her life and want her to know that she is



Let's continue to work together to bring about positive outcomes for each and every one of these 238 students in this school. What amazing things are continuing to happen here.

Thanks,



Josh Smith
Principal



Aussie of the Month - May

Congratulations

Lila-Rae



- always makes sure that students are a part of our school by showing them how things work, where things are and just genuinely making other students feel special
- has compassion and empathy for others and accepts everyone without judgement

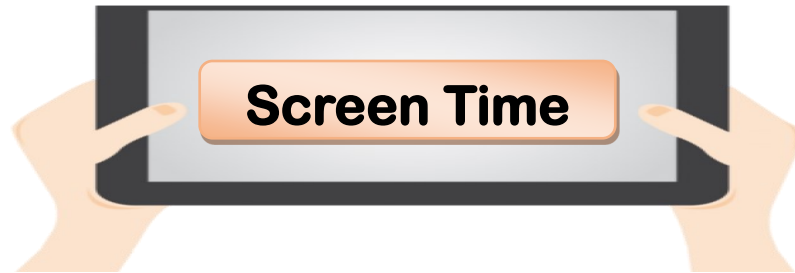


3/4 Johnston - Whodunnit!!



Our class has been working tirelessly on Place Value and the students gathered together to become Place Value detective squads. They were given identity cards with their detective names on it. They then had a notebook to record any clues that they found using place value to determine the answer to the clues. Working with a booklet students had to compile the answers to each clue to find out 'Whodunnit!!'





Does your child spend too much time with a screen?

The World Health Organisation recommends:

- no more than 2 hours per day for children over the age of 4
- no more than 1 hour per day for children 2-4 years old
- and no screen time for babies under 1 year old.

Risks associated with screen time include poor posture, vision problems and unrealistic expectations.

Encourage children to balance screen time with 'green time'. Spending time outdoors is great for physical and mental health.

What is screen time?

Screen time is the amount of time spent watching a screen or electronic media for entertainment. It includes:

- Watching TV
- Watching DVDs & other online shows
- Using computers or other devices to access online entertainment
- Playing games on consoles, computers and mobile phones
- Texting

Screen time does not include time spent on educational activities, such as for school work.

What is the right amount of screen time?

We know parents are time-poor, dealing with work and other life pressures, so screen time can be an easy alternative for keeping kids occupied. But what is recommended?

Health experts suggest these screen time limits:

Ages	Screen time limit
Ages 0-2	No Screen time
Ages 2-5	Less than 1 hour per day
Ages 5-17	Less than 2 hours per day

Source: Australia's Physical Activity and Sedentary Behaviour Guidelines

Office of the Children's eSafety Commissioner

8 tips to keep on top of your child's screen time

- Lead by example - reduce your own screen time.
- Plan screen-free time, like outdoor play, music and sport.
- Agree on daily screen time limits. It's not punishment, it's about keeping a balance.
- Be Involved - watch TV and play games together.
- Start with small reductions to help lessen any resistance.
- Use tech tools to manage access, such as parental controls.
- Set tech-free zones and times at home - e.g. all screens off in bedrooms after a specified time.
- Resist giving mobile devices to children when going out - take books or toys instead.

esafety.gov.au/iparent

Feel free to contact me at the school if you would like to discuss this topic.

Nurse Rob - School Health Nurse

5/6 Nichols - Excursion

My favourite part was getting the beanies - Brie

I enjoyed watching the cream being packed in little boxes - Lucas

My favourite part of the excursion was watching the workers put the cups on the cows and putting my finger into it to feel the suction of the cup - Cash

My favourite part of the excursion was getting to explore the dairy - Milly

My favourite part of the excursion was getting to see around the factory and watching carnation cream be packed and ready to be shipped to Melbourne - Kuturah

I enjoyed watching the robots wrap up the boxes ready for shipping - Brock



A big thank you to the Nichols family who opened up their farm/ dairy to the class and explained the process so well, the Dutch Mill at Edith Creek for giving the class a tour of the factory and The Pavilion who treated the children to some dairy based products.



STAFF PROFILE



LINDSEY BLAKE

WHAT IS YOUR ROLE AT SMITHTON PRIMARY?

Assistant Principal

TELL US A BIT ABOUT YOURSELF

I grew up in Smithton, and live here happily with my husband, Todd, and two amazing children, Riley and Carter. We have two dogs named Hamish and Bailey. I love playing basketball, reading books and singing along to 90s music. I have an older brother and younger sister, making me the poor middle child of the family.

I attended Smithton Primary School and Smithton High School and graduated UTAS with a Bachelor of Education (Primary) at the end of 2009. I began my career working relief at the local primary schools, until starting at Smithton High School as a Year 7 core teacher in 2010. I became part of the school leadership in 2012, before achieving a permanent role in leadership in 2017.

I worked as an Assistant Principal at Smithton High School for four years, before coming to Smithton Primary School, mainly supporting Student Wellbeing, inclusive practice and Mathematics.

WHAT MADE YOU DECIDE TO WORK IN EDUCATION?

I am really passionate about inclusive education. All students start school with an equal right to accessing quality education. This role gives me great opportunities to work alongside fantastic teachers, as we celebrate and explore differences, while immersing our students in rich curriculum content.

Working with exceptional young people, families, educational support staff, teachers and leaders continues to fill me with pride and motivation to aspire to be a lifelong learner. I try my best to lead with compassion, open mindedness and ambition for everyone to achieve to their highest potential.

WHAT IS YOUR FAVOURITE THING ABOUT YOUR JOB?

Throughout my time working in public education I have been a student, teacher, leader and parent. I've had the privilege of witnessing (and being part of) the journey of teachers, doctors, tradespeople, pilots, pharmacists, customer service experts, business owners and more; but nothing gives me more pride than witnessing the genuine kindness, compassion, resilience and empathy demonstrated by the young people I've worked with during my almost 14 years in Tasmanian government schools.

We have brilliant young people in our community, and I consider it an absolute privilege to be able to share a part in their educational journey.



The Year 6 fundraiser last Wednesday was a huge success. Thank you to Miss Nichols for organising it, her Year 6 helpers and Mrs Blizzard for getting all the milkshakes out on the day.

\$362 was raised. It was a tremendous effort!!



Saputo Food Challenge

Last Thursday 5-6 Nichols undertook the Saputo challenge making dairy based dishes for judging by Mark and Susan from Saputo. Thank you to Saputo for their kind donations.



We want to hear from you



The Department for Education, Children and Young People wants to hear from our families about who we need to be ensure your children and young people unleash their bright life and positive future.

We have heard from our children and young people; we have heard from our staff now we want to hear from you!

Location: Smithton Recreation Centre – Hall of Fame room
Corner Nelson and Grant Streets, Smithton

Date: Wednesday 14 June 2023

Time: 10:00am and 5:30pm

Other details: Sessions will run for 1-1.5 hours and numbers will be limited to 20 per session
Light refreshments will be provided



SCAN ME

Please register via the <https://www.eventbrite.com/e/who-we-need-to-be-regional-family-focus-groups-tickets-642572500647> or the QR code.

Come along and have a voice in our Department's future.

Dates To Remember

June

Every Monday - 11:15am to 12:30pm	Launching into Learning - Mother Goose with Mrs Charles (Birth - 5 years)
Every Friday - 9:00am to 10:00am	Launching into Learning - Launchpad with Mrs Charles (Birth - 5 Years)
Wednesday 7th	NWPSSA Cross Country
Thursday 8th to Friday 9th	Year 6 trip
Monday 12th	Public Holiday - King's Birthday
Wednesday 21st	School Photos

July

Every Monday - 11:15am to 12:30pm	Launching into Learning - Mother Goose with Mrs Charles (Birth - 5 years)
Every Friday - 9:00am to 10:00am	Launching into Learning - Launchpad with Mrs Charles (Birth - 5 Years)
Friday 7th	Last day of term for Students



2023 School Term Dates

Term 1	Wednesday 8th February to Wednesday 5th April
Term 2	Wednesday 26th April to Friday 7th July
Term 3	Tuesday 25th July to Friday 29th September
Term 4	Monday 16th October to Thursday 21st December

Student Free Days

Tuesday 7th February
Thursday 6th April
Monday 24th July
Friday 3rd November

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